

### NOTICE OF PRIVACY PRACTICES FOR PROTECTED HEALTH INFORMATION

# **Please Read Carefully**

This notice contains information about your rights and the disclosure and use of your private health information

Total Sleep Apnea Solutions, a division of Medical Diagnostic Solutions, LLC (MDS), is committed to respecting your privacy and recognizes your need for appropriate protection and management of any protected health information (PHI) you share with us.

MDS is required by law under the Health Insurance Portability and Accountability Act (HIPAA) to maintain the privacy of protected health information (PHI) and the required content of this notice is described in [45 CFR 164.520].

This notice is available to anyone who asks for it. You may agree to receive this notice by Email, Fax, US mail or by viewing it on our website at www.medicaldiagnosticsolutions.com

## YOUR RIGHTS WITH RESPECT TO YOUR PHI

- Receive a copy of our NOTICE OF PRIVACY PRACTICES FOR PROTECTED HEALTH INFORMATION
- See and receive copies of your PHI
- Request limits on use and disclosure which we agree to in writing
- MDS will consider specific requests not included in this notice but we are not required to
- For specific requests, not included in this notice MDS will respond to the request in writing
- Correct or update your PHI
- File a complaint if you believe these rights have been violated
- Receive a list of certain disclosures not including those made for treatment or payment
- We cannot disclose test results to you. They can be obtained from your physician or healthcare provider

## **HOW TO EXERCISE YOUR RIGHTS**

To exercise any of these rights, request additional information, ask questions or file a complaint you may use any of the contact methods listed in the paragraph below.

#### **HOW TO CONTACT US**

You have a right to be informed about and to receive a copy of our NOTICE OF PRIVACY PRACTICES FOR PROTECTED HEALTH INFORMATION. You may obtain this information by calling MDS at 954-401-7505, sending a request by Fax to 877-611-4844, Email to info@totalsleepapneasolutions.com or by US mail to Medical Diagnostic Solutions, LLC, 6278 N. Federal Hwy, Suite 454, Fort Lauderdale, FL 33308. The information may also be viewed and/or downloaded from our website www.sleepsolutions4truckers.com. You may also request additional information, ask questions or file complaint using any of these contact methods. (You can also go to http://answers.hhs.gov/cgi-bin/hhs.cfg/php/enduser/std\_alp.php, then select "Privacy of Health Information/HIPAA" from the Category drop down list and click the Search button)

### MDS MAY DISCLOSE YOUR PHI TO:

- Medicare, Insurance Companies or other third party payers
- Business associates of MDS
- Your Personal representative, or guardian, caregiver, family or friend
- Your physician(s) and/or your other healthcare provider(s) and/or healthcare institutions
- Governmental agencies
- Other entities if required or authorized by law
- In the event of the transfer, merger, or consolidation of all or part of MDS in accordance with 45 C.F.R. § 164.501 ("health care operations" ¶ (6)(iv)).

### MDS MAY USE YOUR PHI FOR THE FOLLOWING REASONS:

- Treatment and Diagnosis
- As required or authorized by law
- Issues related to payment for services provided by MDS

### **AUTHORIZATION**

You may be asked to sign a form authorizing MDS to disclose your PHI. You have the right to revoke this authorization, in writing, at any time except that this will not apply to any of your PHI which has already been disclosed and/ or relied on.

#### **EFFECTIVE DATE OF THIS POLICY**

The effective date of the content of this privacy policy is 9/1/2013.

### UPDATES AND REVISIONS TO THIS POLICY

Portions of this privacy policy may be revised periodically. Whenever changes are made MDS will promptly update the privacy policy on its website. It is advised that that you check the website from time to time for any updates to the MDS privacy policy and contact us as described above if you have any questions.

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